

Live for tomorrow, *today*.

Don't be the one who misses out.

今天的健康体魄， 明天的美好生活。

别因健康问题错过了人生的重要时刻。



Singaporeans above 40 are more likely to have chronic illnesses, needing long-term medical care
– but it doesn't have to be this way.
Make your health a priority now.

40岁以上的新加坡人较可能患上慢性疾病并需要长期医疗护理。
但及早预防，可以扭转这个趋势。现在就开始照顾好您的健康。

Enrol in Healthier SG
报名加入健康SG



Get dedicated care from your preferred GP, who will help you plan and reach your health goals

您所选择的家庭医生将为您提供专属服务，协助您制定并达到理想的健康目标



Enjoy fully-subsidised first Health Plan consultation and annual check-ins

您在首次问诊制定保健护理计划，以及每年复诊跟进计划进度时，都可享有全额津贴



Receive fully-subsidised nationally recommended screenings and vaccinations

您可在接受国家推荐的体检和疫苗接种服务时，享有全额津贴



An initiative of



MINISTRY OF HEALTH
SINGAPORE